Water: Spirit, Life, Unifying Force

Sisters of St. Joseph of Orange Water Series
Allis Druffel, California Interfaith Power & Light
August 12, 2022
Opening Ceremony

REFRAIN:

Creator, may your life-giving waters bring salvation
All Creation is Imbued with God’s Spirit
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What looks much like craggy mountains on a moonlit evening is actually the edge of a nearby, young, star-forming region NGC 3324 in the Carina Nebula. Captured in infrared light by the Near-Infrared Camera (NIRCam) on NASA’s James Webb Space Telescope, this image reveals previously obscured areas of star birth.

NASA, ESA, CSA, STScI
Spiritual Understanding of Water

“Then God said: Let the water teem with an abundance of living creatures, and on the earth let birds fly beneath the dome of the sky.” (Genesis 1:20)

“Come, all you who are thirsty, come to the waters; and you who have no money, come, buy and eat! Come, buy wine and milk without money and without cost.” (Isaiah 55:1)

On the last and greatest day of the festival, Jesus stood and said in a loud voice, “Let anyone who is thirsty come to me and drink. Whoever believes in me, as Scripture has said, rivers of living water will flow from within them.” (John 7:37-38)
Water Connects Us All Spiritually

Through the waters of baptism, we are linked as children of the Creator and family to every other person (and being) on Earth.

Named - unique identity
Claimed - as child of God
Surrounded - saints of God

“The River” by John August Swanson
In exploring the solar system, scientists look for water, which may be a sign of life.

Enceladus is a moon of Saturn, and in 2015, the Cassini spacecraft found a large underground ocean of liquid water, which is likely to host microbial life.
Water is Life

What Does Water do for You?

- Forms saliva (digestion)
- Keeps mucosal membranes moist
- Allows body's cells to grow, reproduce and survive
- Flushes body waste, mainly in urine
- Lubricates joints
- Water is the major component of most body parts
- Needed by the brain to manufacture hormones and neurotransmitters
- Regulates body temperature (sweating and respiration)
- Acts as a shock absorber for brain and spinal cord
- Converts food to components needed for survival - digestion
- Helps deliver oxygen all over the body

Sources/Usage: Public Domain.
Meditation on Water
Conserving Water is an Act of Love
God’s Immense Bathtub
Closing Ceremony

Let your hearts be calm in the shared gift of life from the Creator

“Come, all you who are thirsty, come to the waters; and you who have no money, come, buy and eat! Come, buy wine and milk without money and without cost.”